

# FLY BEHIND THE SCENES

AT THE TAMPA INTERNATIONAL AIRPORT WITH INDO-US CHAMBER ON JUNE 18

You won't actually get to fly, but the monthly event in June will be a bit different from the usual monthly networking event. For the first time, Indo-US will hold an exclusive event with a registration fee for the networking event. On June 18th attendees will get a special opportunity to take a behind-the-scenes tour of the Tampa International Airport and learn more about the airport and its exciting \$1 billion expansion project.

Due to the capacity limitations that the airport has to host his event, only a limited number of people will be able to register for this event. The registration fee will be \$15 for attending this event. Parking will be validated. Please visit our website [www.Indo-us.org](http://www.Indo-us.org) for more details and to register for this event before it is sold out.



## May Quarterly Social Recap

Chamber's quarterly Social on May 21st was a great success at The Tampa Club ballroom at capacity. Attendees got to enjoy the view of Tampa from the top of the tallest building in downtown Tampa. As always, the social provided opportunity for great networking with large amount of new attendees. Usually, attendees at chamber's monthly event get the opportunity to network and learn from a speaker. The quarterly networking socials provide an opportunity to network even more effectively as the whole evening is dedicated to it. If you missed it this time, be sure to stay connected to join us next time.



SAVE THE DATE

## THE 2014 BANYAN BALL

SEPTEMBER 6TH, 2014

The Chamber is pleased to announce that our annual gala event, the Banyan Ball will be held on September 6th at the Hilton Tampa Downtown.

Visit our website for details.

## 5th Annual - India International Film Festival

September 19th-21st 2014.

[www.iifftampa.com](http://www.iifftampa.com)

If you are interested in being a part of the film festival committee, please contact [info@iifftampa.com](mailto:info@iifftampa.com)

# DON'T LET FEAR OF SUCCESS HOLD YOU BACK



By Harvey Mackay

Legend has it that one day a man was walking in the desert when he met Fear and Plague. They said they were on the way to a city to kill 10,000 people. The man asked Plague if he was going to do all the work.

Plague smiled and said, "No, I'll take care of only a few hundred. I'll let my friend Fear do the rest."

Can you actually die from fear? Most likely not. What fear kills is your spirit, your ambition, your confidence.

Several years ago I wrote a column about "The Second Ten Commandments." Commandment two stated: **Thou shalt not be fearful, for most of the things we fear never come to pass.** Every crisis we face is multiplied when we act out of fear. Fear is a self-fulfilling emotion. When you fear something, you empower it. If you refuse to concede to fear, there is nothing to fear.

Success usually depends on overcoming your fears: fear of taking a risk, fear of asserting yourself, fear of exposing your deepest self to other people, and ultimately, fear of failure. But for some people, the real fear is – believe it or not – success itself.

Fear of failure can be crippling, but fear of success can paralyze your efforts just as severely. Avoiding success may seem irrational, but success brings change, and change is often threatening.

We fear success because success can bring expectations of continued success. Achieving a major goal is hard work. What happens if people expect you to keep doing it indefinitely? Can you continue to produce?

Another concern is that co-workers may look to you for advice or assistance once you've proved you can succeed. You may lose control over your time or your privacy. Or you might offer advice

that doesn't work as well as hoped. Then your achievements might become suspect.

And you certainly don't want to make enemies of the people you work with. Some people delight in taking down successful people. Envious or hostile peers can make life miserable. Can you bring them on board on another project so they can also celebrate some success?

The prospect of actually reaching a goal can be terrifying: What comes next? How will people react? What if your goal turns out to be meaningless? These worries can lead to procrastination and self-sabotage. To overcome them, and achieve the success you were meant to enjoy, follow this advice:

- **Face your fears.** Explore the emotions you have about success. Analyze what you're really afraid of, and it will usually lose its impact.

- **Focus on the process.** The end result may be important, but as with any journey, the individual steps can be more meaningful than the destination. Concentrate on what you're learning, the people you meet, and the experiences you collect as you move closer to your goal.

- **Analyze past successes.** Look at projects or achievements from your past. What obstacles did you face? How did success make you feel? What changed as a result? This will help you sort through and clarify your fears and your ability to overcome them.

- **Anticipate the changes.** Ask yourself, "What will happen when I succeed?" By confronting fears, you take away their power, and you'll be able to identify strategies for moving beyond them.

- **Select worthwhile goals.** Pursue goals that address your needs, not anyone else's. Take the time to think through what success will really mean before committing yourself. You'll only be excited about success if it's what you truly want.

- **Think about the rewards.** Don't let concerns about the future distract you from the positive benefits of reaching your goals. Visualize the upside: the final product, a satisfied customer, a check, or some other tangible results.

- **Create new behaviors.** After you've looked through the issues, start devising strategies for moving forward. How can you reinforce your self-confidence? What excuses do you need to eliminate? How can you sustain your motivation?

- **Be realistic.** Remember that success won't solve all your problems, but the feeling of accomplishment can make everyday irritations easier to tolerate even if you can't erase them.

Benjamin Franklin had some timeless advice for those who are afraid of success and failure: "The man who does things makes mistakes, but he never makes the biggest mistake of all – doing nothing."

**Mackay's Moral:** *If you want to be successful, you must first succeed in conquering your fear*

## Started or starting a new Business?

If you have started a new business or planning to start one, chamber events are perfect places to share experiences and learn from others. Indo-US chamber events and the relationships built there provides access to entrepreneurs, seasoned and successful business people, and an open forum for you to discuss your ideas, expand on them and to collaborate. The events are free and so is the membership. We urge you to come out and be a part of it. Together, the future is ours.



## Upcoming Indo-US Chamber Events:

### Business & Networking Event

Date: Wednesday, June 18th, 2014

Time: 6:30 PM – 8:30 PM

Location: Tampa International Airport

COST \$15/person. MUST REGISTER ONLINE TO ATTEND. NO REGISTRATION ON SITE. VISIT [WWW.INDO-US.ORG](http://WWW.INDO-US.ORG)

### Business & Networking Event:

Date: Wednesday, July 15th, 2014

Time: 6:30 PM – 8:30 PM

Location: HCI Ballroom, 5300 W. Cypress St, Tampa FL 33607

Speaker: Mayor of Tampa Mr. Bob Buckhorn

This is a FREE event. No RSVP required.

## INDO-US CHAMBER MISSION

*"To provide an active forum in which Asian American professionals and business owners, through an exchange of ideas, with a unified voice, can communicate, interact, and secure a position within the business industry and become a source of inspiration by promoting professionalism and excellence through education and community involvement."*

## INDO-US CHAMBER OF COMMERCE EXECUTIVE COMMITTEE

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Jigish Desai	Reshma Patel
Jayshree Chulani	Lakshmi Sastry
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